

Parents Evening Presentation

BULLYING



Agenda

1

What is bullying?

2

How common is bullying?

3

Spotting the signs

4

Our schools approach
& how you can help

5

Final thoughts

What is bullying?



- Repetitive
- Intentional
- Power imbalance

Bullying is...

The **repetitive, intentional** hurting of one person or group by another person or group, where the relationship involves an imbalance of **power**. Bullying can be **physical, verbal** or **psychological**



It can happen **face-to-face** or **online**

Different types of bullying

Race,
religion or
culture

Sexist or
sexual
bullying

Young carers,
children in
care or home
circumstance

Special
education
needs or
disability

Appearance
or health
conditions

Sexual
orientation

Bullying can be ...



Physical

Pushing, poking, kicking, hitting, biting, pinching etc.



Verbal

Name calling, sarcasm, spreading rumours, threats, teasing, belittling



Emotional

Isolating others, tormenting, hiding books, threatening gestures, ridicule, humiliation, intimidating, excluding, manipulation and coercion

Bullying can be ...



Sexual

Unwanted physical contact, inappropriate touching, abusive comments, homophobic abuse, exposure to inappropriate films etc.



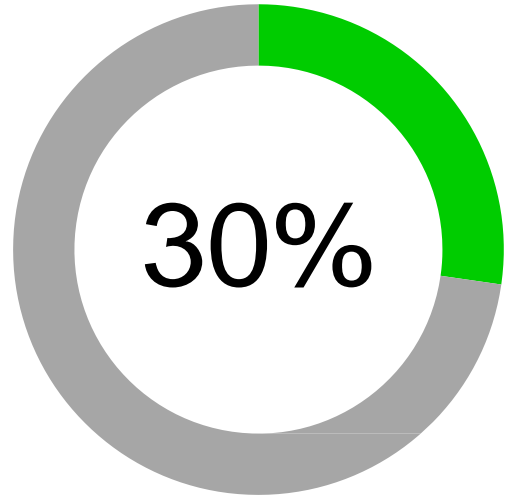
Online /cyber

Posting on social media, sharing photos, sending nasty text messages, social exclusion



Indirect

Can include the exploitation of individuals



30% of 6-15 year olds
have been bullied in
the past year





TRUE

Based on many different reports bullying levels within the previous academic year tend to fall between 25 – 30%



Children are **five times** more likely to be bullied online than at school





FALSE

Children are five times more likely to be bullied at school than at online



16,000 11-15 year olds are absent from school at any one time due to bullying



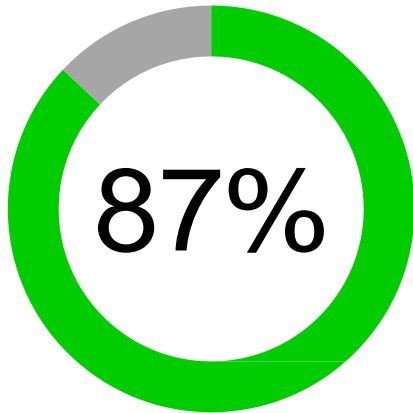


TRUE

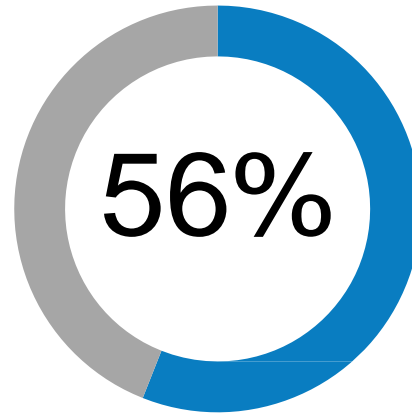
Research from Red Balloon Learning Centre and National Centre for Social Research showed this to be the case

A whole school approach is important

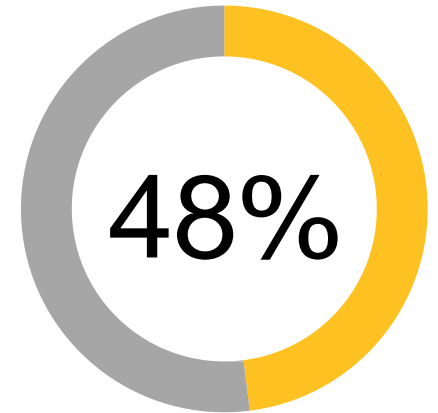
Immediate Media survey of 6-15 year olds showed that...



of bullied children
faced bullying in
school



were unsure of
how to get help if they
or someone they know
experiences bullying



admitted feeling
nervous telling
someone about
bullying

Spotting the signs

1 in 10
parents are
aware their
child has been
bullied



Is this bullying?

Dean's parents have split up.

Mark tells someone on social media and it then spreads around the whole school.

Consider

- Repetitive
- Intentional
- Hurtful
- Imbalance of power
- Can be physical, verbal or psychological.
- Can happen face-to-face or online

Bullying



Not bullying



Need more information



Is this bullying?

Each time Ramon walks into a class a group of pupils giggle and whisper to each other.

Consider

- Repetitive
- Intentional
- Hurtful
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- Can be physical, verbal or psychological.
- Can happen face-to-face or online

Bullying



Not bullying



Need more information



Is this bullying?

Tania and Susan won't let Rachel play with them.

Consider

- Repetitive
- Intentional
- Hurtful
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Bullying



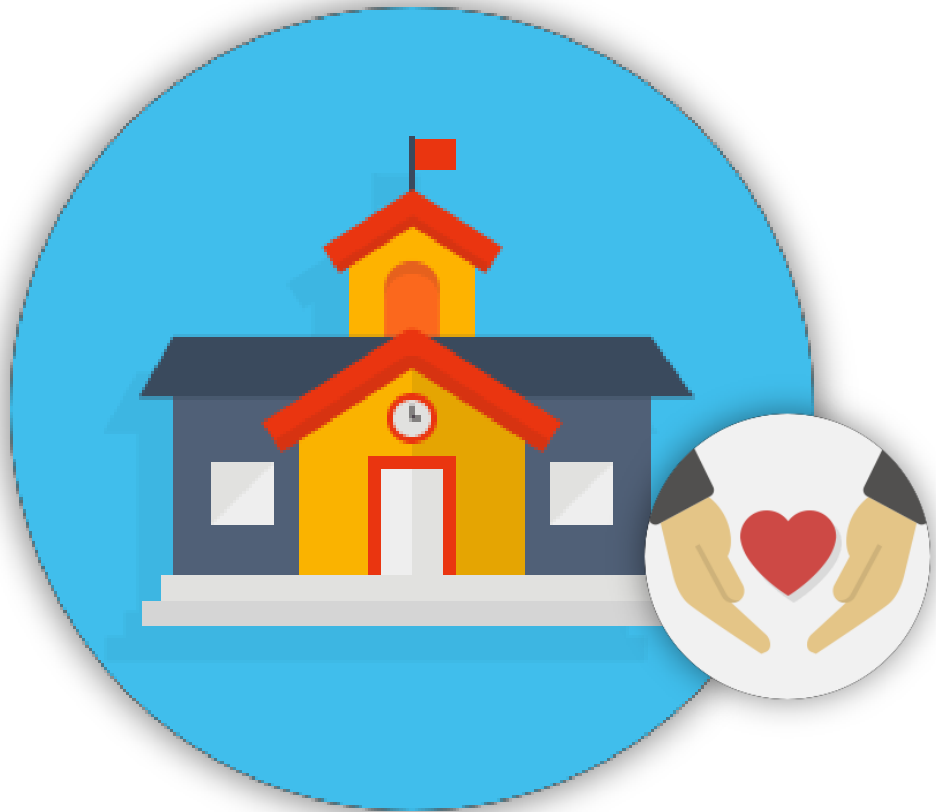
Not bullying



Need more information



Our schools approach to bullying



*A chance for you to put some of your **statistics relating to bullying** levels in your school. Do you monitor levels of bullying?*

*Also a chance to explain that you take cyberbullying seriously, that you want to work closely with parents to help tackle **bullying in school**.*

*You could also include your school's **anti-bullying policy**.*

How can you help?

Talking is the best way to help



Remember this is an emotionally-charged problem



Encourage them not to treat bullying as a secret - they can use you as release for their emotions; importantly keep the dialogue open



Stay calm, patient, and ask how you can help



Praise them for being brave enough to share with you



Believe them, refrain from judging or belittling and acknowledge their feelings



Think very carefully about approaching other parents

Always report bullying to the school



Face to face



Call us

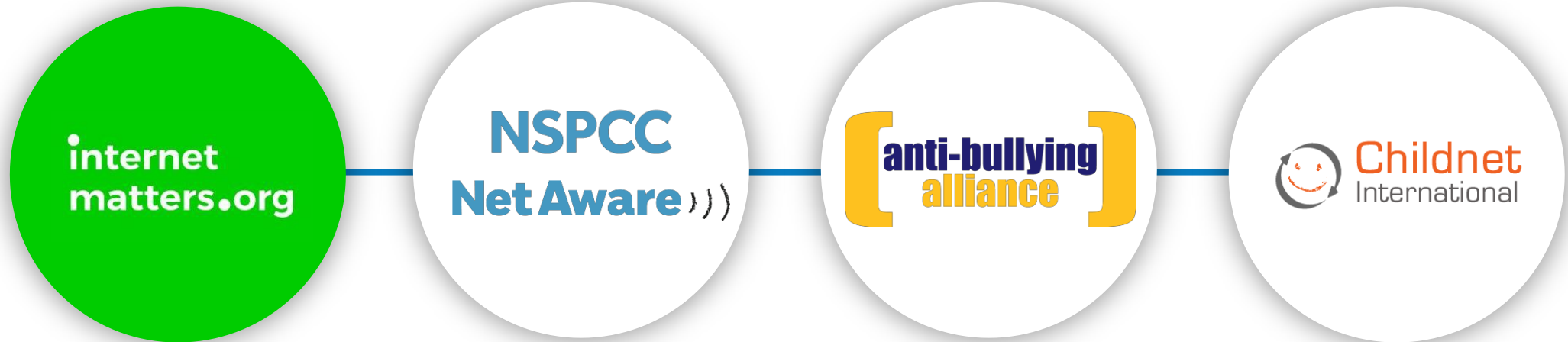


Email/Letter

FINAL THOUGHTS

A young man with dark hair, wearing a dark blue t-shirt and jeans, is sitting and looking down at a black smartphone he is holding with both hands. The background is slightly blurred, showing another person in a light-colored shirt. The overall tone is contemplative.

More resources to explore



Any questions?

Thank you